My Home, My Choice

Housing Tour Checklist

Touring a new place to live? Bring this with you!

You're checking if this place feels good, works well, ...and treats you like an adult.

ABLENH
DISABILITY JUSTICE ADVOCATES

My Rights + Money

- [ ] **Real lease?**
  I should get a real rental agreement, like any other renter.
- [ ] **Can they make me leave for no reason?**
  Sometimes, yes.
- [ ] **My money stays mine.**
  Staff cannot make me hand over my paycheck.

My Privacy

- [ ] **Bedroom door locks?**
  I should have a key so I can lock my door.
- [ ] **Do people knock first?**
  They need to respect my space and ask before coming in.
- [ ] **Can I make my room mine?**
  Furniture, posters, blankets — yes please.

My Schedule + Food

- [ ] **Visitors on my terms?**
  Friends and family should not be limited by strict visiting hours.
- [ ] **Kitchen access?**
  I should be able to eat what I want, when I want.
- [ ] **Bedtime = my business.**
  I choose when I wake up and when I sleep.

My Community

- [ ] **Can I get support to go places?**
  Shopping, seeing friends, and going to events should be possible when I choose.
- [ ] **Is the home connected?**
  Look for buses, trains, or easy transportation nearby
- [ ] **Do I choose my own doctors?**
  My care team should be my choice: doctors, therapists, and pharmacy.

Green Flags

Respect · Privacy · Choice · Community

Red Flags

Control · Isolation · Weird rules · Anyone treating you like a child

Home should feel like freedom, privacy...
...and snacks you picked yourself.

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  Furniture, posters, blankets — yes please.

My Schedule + Food

- [ ] **Visitors on my terms?**
  I should be able to see my friends and family when I want.
- [ ] **Kitchen access?**
  I should be able to eat what I want, when I want.
- [ ] **Bedtime = my business.**
  I choose when I wake up and when I sleep.

My Community

- [ ] **Can I get support to go places?**
  I should be able to get to stores, my friends, and events when I choose.
- [ ] **Is the home connected?**
  Look for buses, trains, or easy transportation nearby.
- [ ] **Do I choose my own doctors?**
  My care team should be my choice: doctors, therapists, and pharmacy.

Green Flags 🟢

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Control · Isolation · Weird rules · Being treated like a child

Your home should fit your life — not control it.

ABLENH
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Inclusive Community Task Force

A home — not a program

Your home is not a placement.

It's where you rest, make choices, have privacy, and decide what your day looks like. **A home.** Wild concept, we know. 😉

Your housing...

...is **where you live.** It stays yours — your lease, your rights, your address.

≠

Your support...

...is **the help you choose.** It can change — **without** you losing your home.

What this makes possible:

You choose your support
Who helps you, when they come, what actually works for your life.

You keep your home
Change providers if you want — you won't be required to move.

Support grows with you
More help now, less later. It flexes as your needs change.

You live in community
Privacy, friends, choices — eat cereal for dinner if you want.

Before:
Group home. Switch agencies → you may have to move. 😟

After:
Your own place. Switch services → keep your home. 🎉

A place of your own. Support that fits. Community on purpose.

Help make it real — join the Task Force!
Everyone's welcome: disabled adults, families & friends.

ablenh.org

ABLENH
DISABILITY JUSTICE ADVOCATES

NH - Join us!

ABLENH
DISABILITY JUSTICE ADVOCATES

Nothing about us without us.

… And not everyone should have to take part the same way to be heard.

We're making real housing options in NH for disabled & neurodivergent adults — accessible, supported, independent & interdependent. And making the whole process with the people it's for.

What Makes Us Different:

The committee is the bridge — not the whole room.

Take part your way ✷

- quick form
- 1-on-1 chat
- listening session
- bring a support person
- share a story your way
- meeting (optional)



A community that speaks for itself.

Join the crew →

Take part however feels good for you. Disabled adults, families & allies welcome.

www.ablenh.org

We are not making housing for people without making the process with them.

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NH - Join us!

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Inclusive Community Task Force

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We're working to make real housing options in New Hampshire for disabled and neurodivergent adults — made with disabled and neurodivergent adults at the center.

What Makes Us Different:

The committee is the bridge — not the whole room.

You don't need to sit through a formal meeting to shape this. Your voice counts, however you want to share it.

Ways to take part:

- Fill out a quick form
- One-on-one chat
- Small listening session
- Bring a support person
- Share a story your way
- Come to a meeting

Come join us!

Take part in whatever way feels comfortable and accessible. Disabled adults, families, and allies all welcome.

ablenh.org

Count me in!

Here's my idea...

Don't speak for me

I'll share it my way.

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NH HOUSING · REAL TALK

Make housing options that work for everyone.

ABLENH
DISABILITY JUSTICE ADVOCATES

How NH plays it now 😴 — a nudge, not a push

+ **Tax credits** for nonprofits building supportive housing.
+ **Bonus points** if 10–25% of units go to people with disabilities.

WHAT WE WANT

💰 Sweeten the deal

Bigger perks for accessible, integrated homes — and even bigger for going beyond the minimum.

✂️ Cut the red tape

Let towns say yes faster to ADUs, duplexes & small supportive housing. speed up accessible permits.

📊 Show your work

Funded projects report on accessibility + outcomes. State of NH tracks what's still missing

🪑 Nothing about us without us

Disabled people aren't just "consulted." we're at the table.

Your move 👇

- **Email your rep**
  2 sentences is plenty.
- **Pull up**
  to a meeting or listening sesh.
- **Tell your story**
  it literally shapes policy.
- **Poke your town**
  to fix its zoning.

Team up w/ ABLE NH 🤝

ablenh.org

More info → **nhhfa.org/developer-financing**

HOUSING POLICY · NEW HAMPSHIRE

Build homes that work for everyone.

ABLENH
DISABILITY JUSTICE ADVOCATES

How NH does it now — a nudge, not a push

- **Bonus points** on funding apps if 10–25% of units go to people with disabilities.
- **Tax credits** for nonprofits building supportive housing.

What we're asking for:

Sweeten the Deal

Bigger incentives for accessible, integrated housing — bigger ones still for developers who go beyond the minimum.

Cut the Red Tape

Let towns say yes faster to ADUs, duplexes, and small supportive housing. Speed up permits for accessible builds.

Show Your Work

Funded projects should report on accessibility and outcomes — and NH should track what's still missing.

Nothing About Us Without Us

Disabled people don't just get consulted. They're at the table — and paid for their time.

Your move →

- **Email your legislator.** Two sentences is plenty.
- **Show up.** A Task Force meeting or listening session.
- **Tell your housing story.** It shapes policy.
- **Push your town** To update its zoning.

Team up with ABLE NH ablenh.org

More info: NH Housing → **nhhfa.org/developer-financing**

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