Medicaid Work Requirements

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New Hampshire's Medicaid work requirements can be confusing. This toolkit provides clear information about the new rules so you can understand the changes and prepare for what's ahead.

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10 Things I need to know about Medicaid Work Requirements

1. 
Starts Jan. 1, 2027

2. 
Mostly affects Granite Advantage

3. 
Many people qualify for exemptions

4. 
Exemptions may require paperwork

5. 
Medically frail people may qualify

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10 Things I need to know

6



Work, school, volunteering, and training can count

7



Most participants need 80 hours/month

8



Keep your contact information updated

9



Open all mail from DHHS

10



Some rules are still being finalized

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Which Medicaid program are you on?

Do you recieve Medicaid because of a disability, SSI, or a disability waiver?

YES

Work requirements generally do NOT apply.

NO

You may have Granite Advantage

Work Requirments may apply

Not sure which you have?
Check NH EASY, your plan card, or ask your service coordinator.

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Work Requirements

Starting January 1, 2027, most adults who have Granite Advantage Medicaid need to meet an 80-hour monthly work requirement to keep their Medicaid.



What is the requirement?

You must complete 80 hours each month of approved activities, or qualify for an exemption. That's about 20 hours per week.

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Work Requirements

You can combine activities to reach 80 hours.

What Activities Count?

- Paid employment
- Self-employment
- Volunteer work
- Community service
- Job training programs
- Workforce development programs
- Attending school at least half-time



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Does the Medicaid work requirement apply to me?

Do you recieve Medicaid because of a disability, SSI, or a disability waiver?

YES

Work Requirements likely do NOT apply to you.

NO

Are you between ages 19 and 64?

NO

Work Requirements likely do NOT apply to you.

YES

Do any of these apply to you?

- Disability
- Medically frail
- Caring for a child under 14
- Caring for a person with a disability
- Receiving substance use treatement

YES

You qualify for an exemption.

You may need to submit documentation to prove it

NO

Work requirements may apply.

You may need to meet new rules and report your activities.

Helpful Tip!

Keeping records can help prove that you met the requirement if questions come up later.

- Pay stubs
- Volunteer logs
- School schedules
- Training certificates
- Letters from employers or program providers



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Am I exempt?

If you qualify for an exemption, you may not need to meet the work requirement.



However, you may still need to report your exemption and provide documentation when requested.

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Am I exempt?

You may by exempt if you:

- Have a disability
- Are medically frail
- You care for a person with a disability
- You are pregnant or recently gave birth
- You are in a drug or alcohol treatment program
- You are under 19 or over 65
- You have Medicare
- Fromer Foster Care Youth
- Meeting SNAP/TANF work Requirements



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Exemptions are not always automatic.

Even if you qualify for an exemption, you may still need to:

- Complete paperwork
- Provide documentation
- Respond to notices from the state
- Renew your exemption if requested



Keep copies of all forms, letters, and medical documentation.

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What is Medically-Frail?

You may be exempt from Medicaid work requirements if you have a:

- physical, intellectual, or developmental disability
- serious medical condition



You may need to provide documents showing how your disability or health condition affects your daily life.

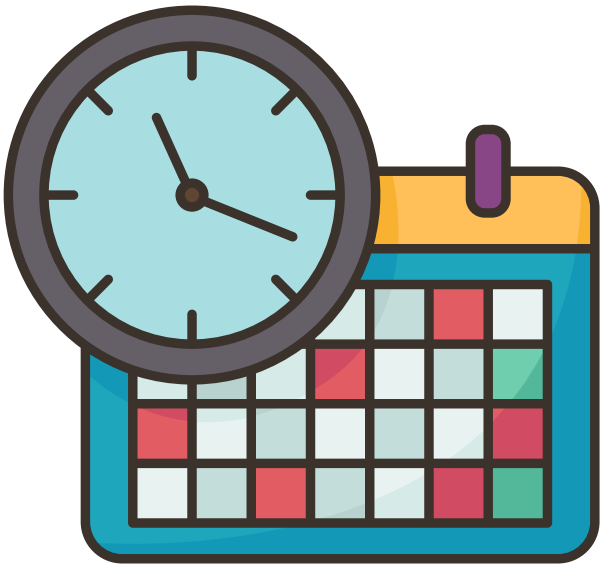
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Why this Matters?

Many people qualify for exemptions. Keeping records now can help avoid problems later.

That's why it is important to:

- Attend medical and support service appointments
- Keep copies of evaluations and assessments
- Save medical records and treatment documentation
- Respond promptly to requests for information
- Keep your contact information up to date with the state



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How will NH Policymakers implement these federal changes?

How NH Policymakers implement these rules will affect how many people keep their Medicaid coverage?

Ask NH Policymakers to:

- **Use a broad medically-frail exemption list**
- **Allow people to add conditions not on the list**
- **Keep self-attestation options**
- **Provide enough time to submit paperwork**
- **Ensure information is accessible and easy to understand**

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